

# Stalking the Divine Sophia

## Object Placement for Balancing a Space

Object placement follows the same concept and steps as color balancing, except here in place of a color we are using an object and moving it along the periphery of the space.

1. Choose any object in the room that you will move in order to create a virtual axis with the center of the room until you get Sophia Frequency in the space.
2. If your object is small enough, using your BG16 pendulum, stand in the middle of the room and hold the object in your hand and urn around in your spot while projecting the object along the periphery of the space. (You can use 2 people and one person can move around the periphery of the room with the object while the other measures.) You can do this with larger objects but in that case, you would have to move the object around the periphery of the room while focusing on the center and measuring. It is a bit more advanced so for now just practice with smaller objects.
3. When you find the strongest location to create the Sophia Frequency (there may be several, so pick the strongest) fine tune by moving the object cm by cm within your chosen location and place it at the strongest location. (This may mean getting creative, attaching a shelf to the wall, etc.)
4. Double check for the Sophia Frequency in the space with the object in place.

## Object Rotation in Place

5. For learning purposes use a water bottle or a cup of water to test. Test the water to see that it doesn't have SF to begin with or see how much it has. Try to test on the periphery as if you go to the center, you will find SF because of the center. Take a drink and see how it tastes and feels.
6. Keep the water bottle in the same location and start moving it on its axis VERY SLOWLY in a clockwise direction, measuring the SF as you go.
7. Keep an eye on some feature of the item (a label or handle) and as you turn it 360 degrees you will find several positions that emit the Sophia Frequency. Turning it clockwise, go to the position that was the strongest.
8. Leave the item (in this case, your drink) in this orientation for a few minutes, then take a drink. Notice if it tastes or feels different.
9. Leave the item in this position for awhile and then go back and test the amount of Sophia Frequency.