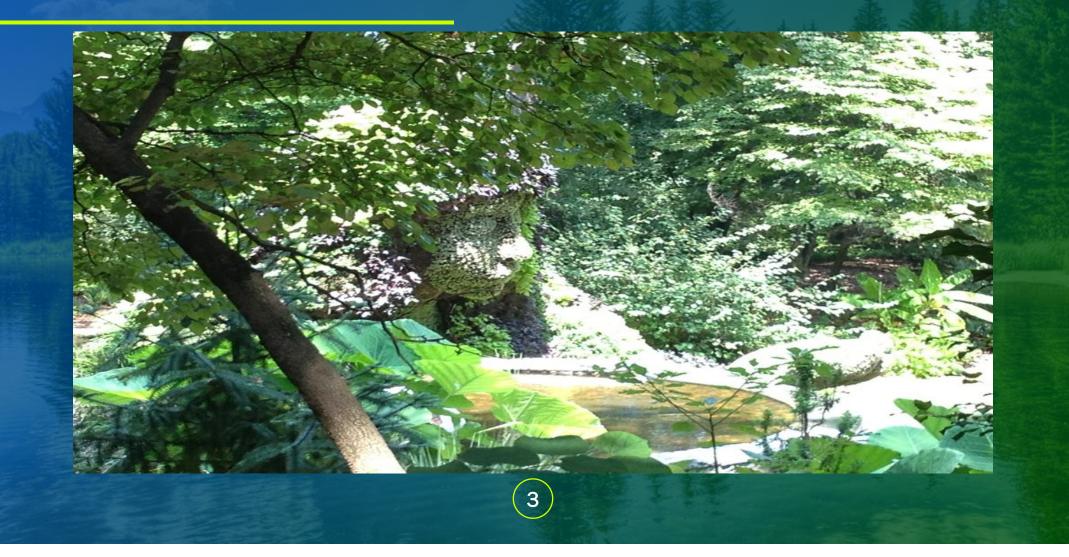


SOPHIA

Looking at Energy Flows



Calling In Sacred Space



Connect to the Earth

Open to Receive



Check-in ~

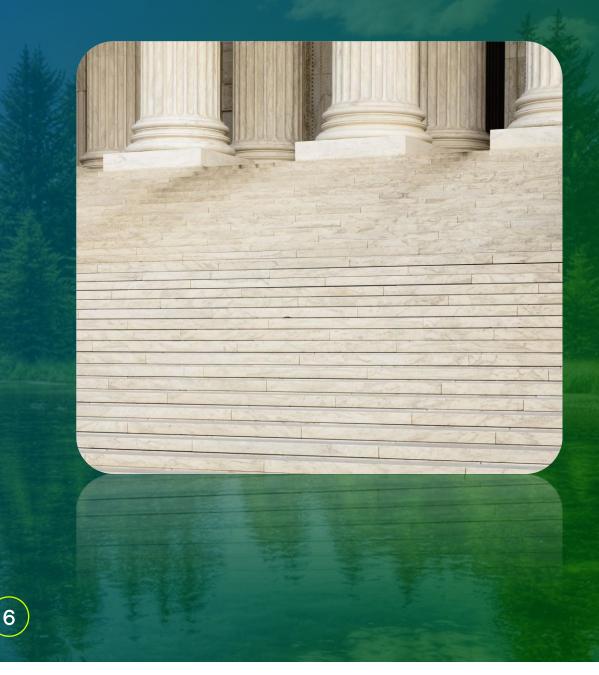
Have you felt the Divine Feminine Moving in you?

I WAN TO KEEP REMINDING US...

In the *Pistis Sophia*, Sophia is *the first feminine principle*, a goddess. – THE GODDESS! Sophia is Holy Wisdom. She is DIVINE MOTHER.

She is the Unseen Energy that weaves in and out of everything. She moves silently. She is the In-Between – the "substance that thinks." She is the bond between us all. She is the essence that breaths us. She creates energetic exchange ...between the elements...between us. She is the *Love* that you feel when you look into your child's eyes, or at a sunset, or when you are held by your lover. She is the tantric connection between and through everything.

In truth, SHE IS HOLY WISDOM. She existed before anything physical existed, and SHE birthed it all!



She is the mystical magical glue that holds everything together.

As such she also manifests as energy flows throughout every living thing. Her essence is so magical because it is the untouchable, the unknowable, the mysterious glue that forms it all through frequency alone.

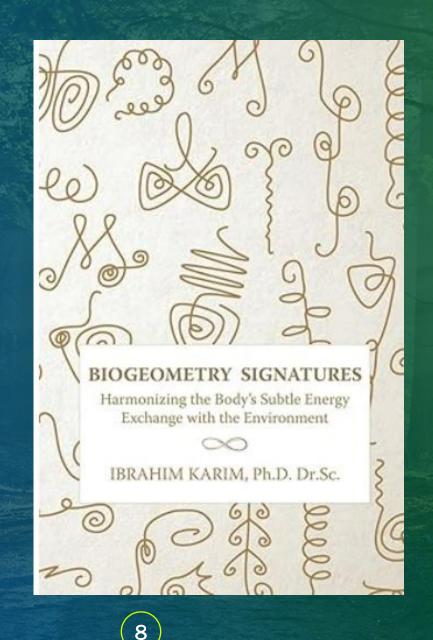
There is a natural progression, a natural flow to life on this planet. <u>We are inextirpably bonded to this</u> <u>world and exchange energy with all of it.</u> Every living being has its own signature of this exchange. Every living structure in your body also has its own signature.

Sometimes, especially now, our flow can be disrupted. But simply reminding those structures of their natural flow can jump start the car and move them back into place.

Using Bio-Signatures

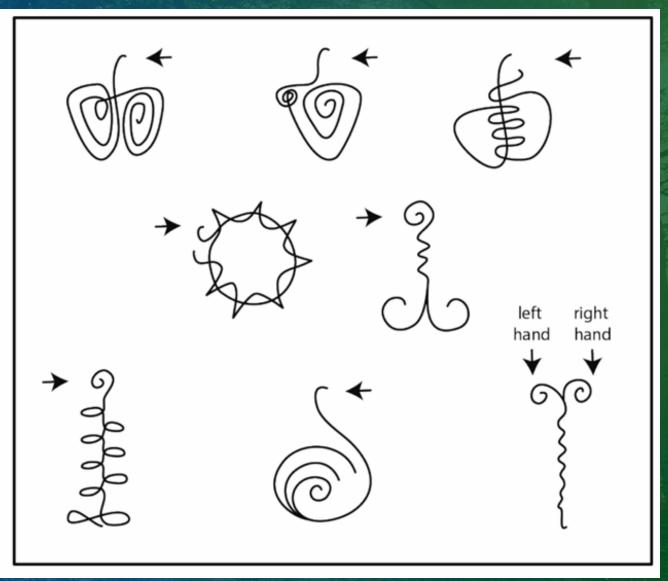
How to "Harmonize the Body's Subtle Energy Exchange with the Environment.

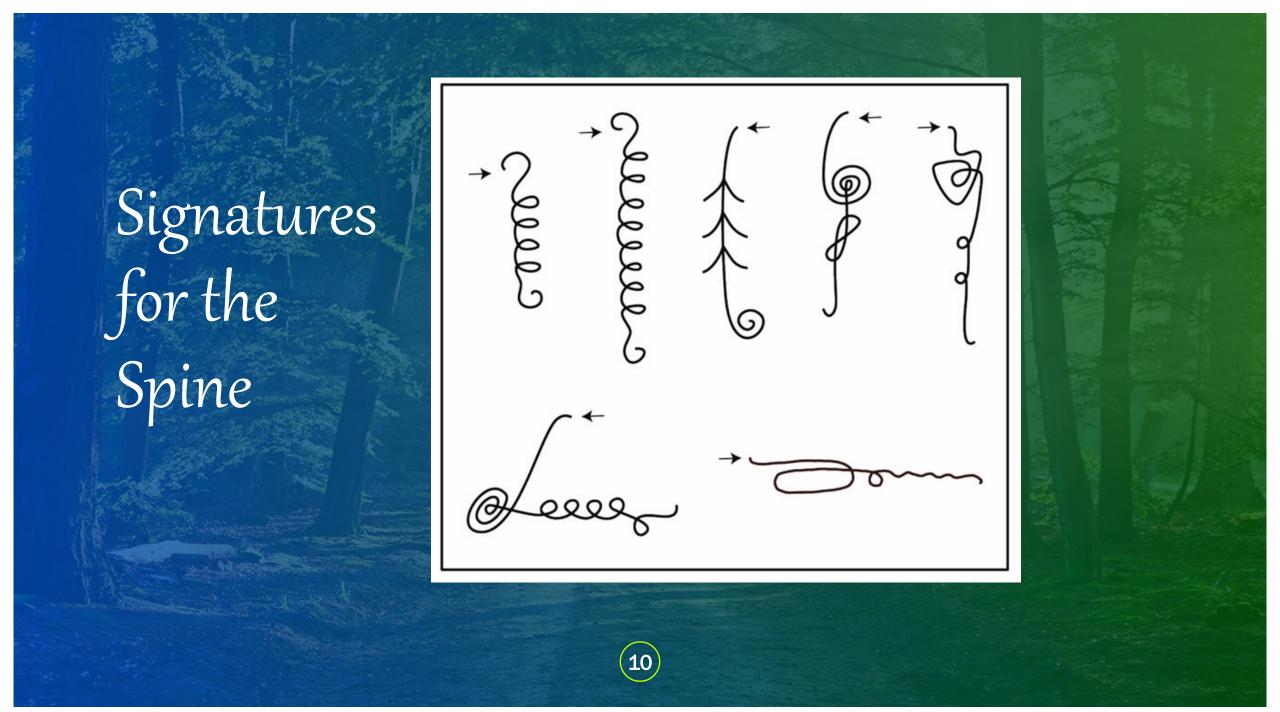
This requires us to become cognizant that there is one. When we say, "We are all connected," we have to believe and KNOW that we really and truly *ARE*!"



Some Heart

Signatures





Digestive Signatures

See Q 00000



Endocrine Signatures

 \bigcirc 6

right hand -> left hand -

→ 6

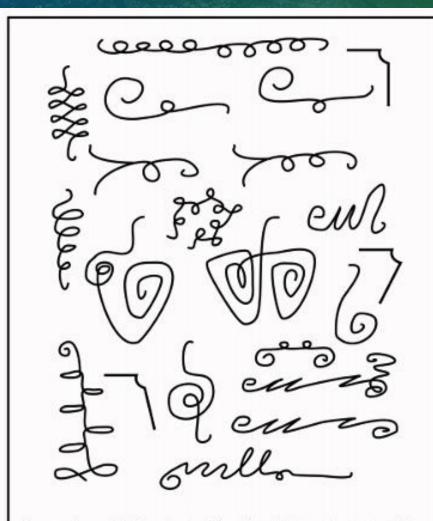
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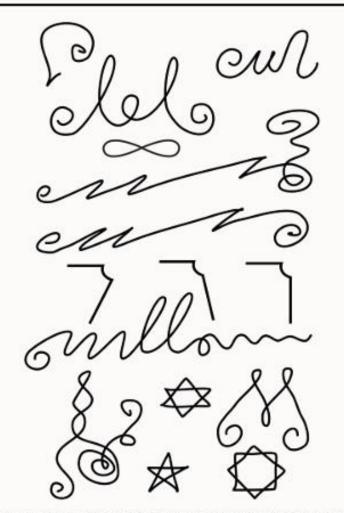
The Emergency Card



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The Clearing Card



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Another solution... Use the tools you have!

- Color balance all your light switches and outlets. I have done this and tested it and it works! (Use your jewels! You will have the prettiest light switches around!
- Do the same thing to your appliances, especially where the cord meets the appliance (if you can get to it.)
- Unplug appliances when not in use, and cover all screens when you are not using them.
- Laminate your emitter sheets and use them everywhere!
- Ask this profound question: Do I really need to plug that in and use it? Ponder things like electric can openers, etc. Our modern conveniences are killing us!

Remember, the more we practice doing this, the more we increase our own vibration with the Sophia Frequency!

By doing this gradually, and allowing acclimation time, you can avoid transformational upheaval.

PRACITCAL PLAYTIME -The BG16 Pendulum!

How has your practice been going?

Questions?



Ibrahim Karim Universal BG16 Pendulum



Homework this week:

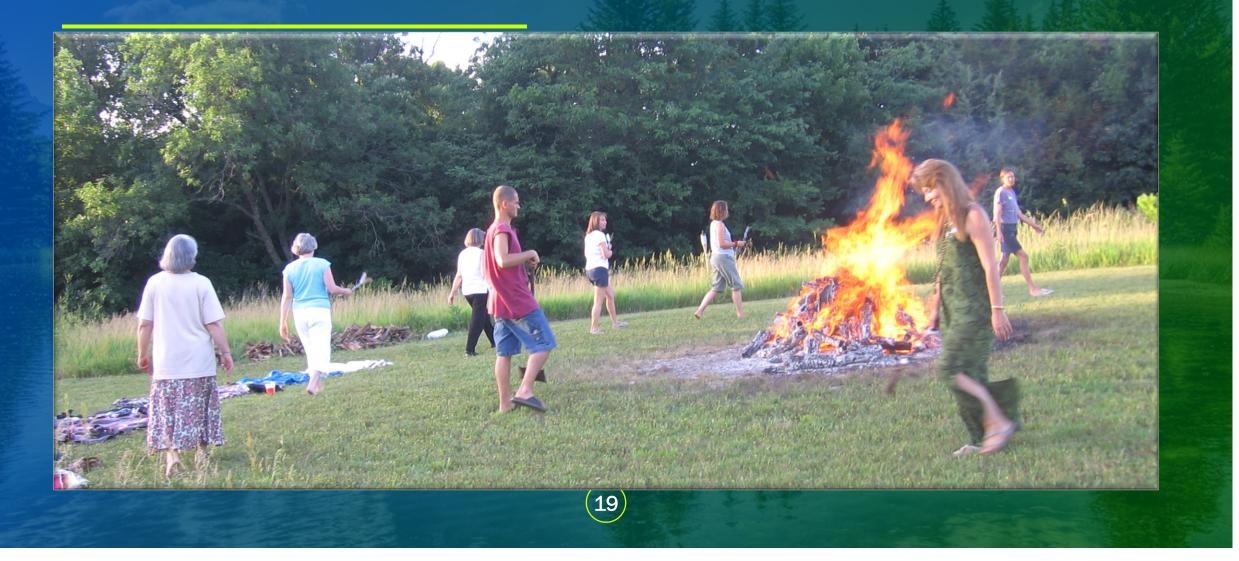
Keep Practicing with both!

- Keep checking your personal wave-length and checking in with things that benefit you.
- Look for GOLD!
- Try out your carpet patterns
- Start using the BioSignatures
- PRACTICE, PRACTICE, PRACTICE!





Dance and Integrate



CLOSE SACRED SPACE

NEXT CLASS: September 27, 2024

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