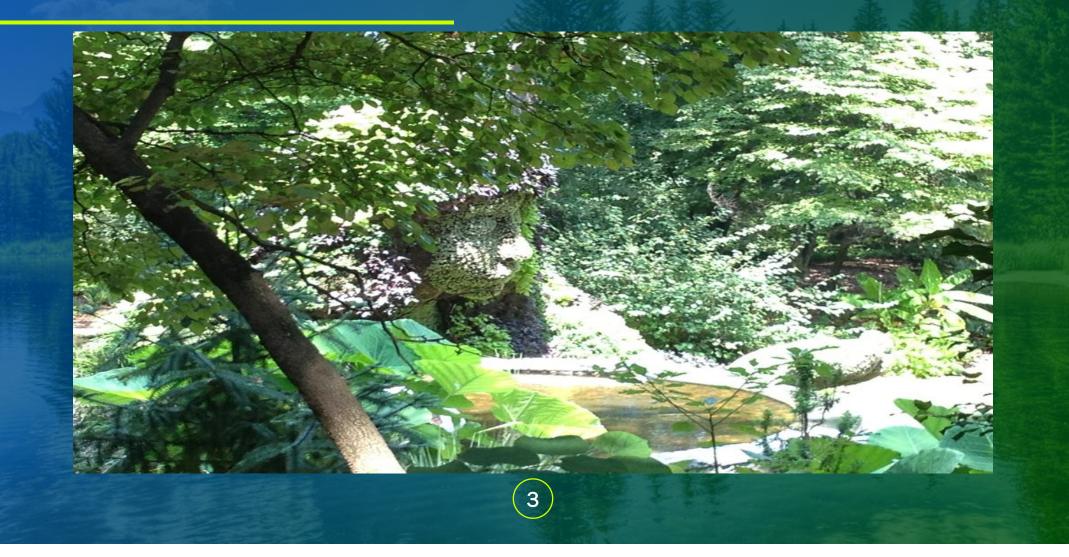


SOPHIA

Other Ways to Increase the Sophia Frequency



Calling In Sacred Space



Connect to the Earth

Open to Receive



Check-in ~

Have you felt the Divine Feminine Moving in you?

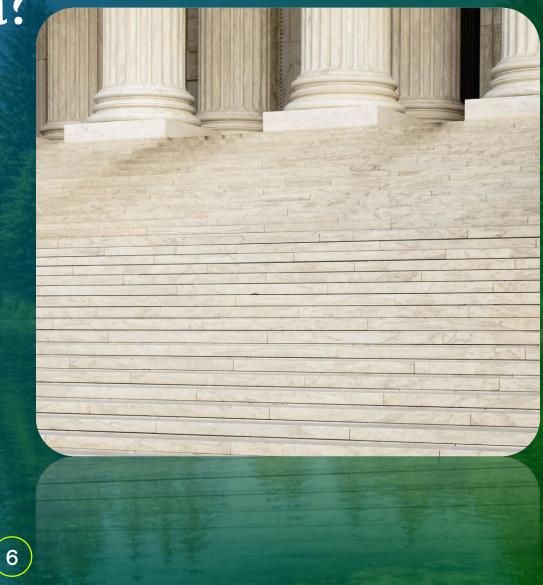
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Who is Divine Sophia?

In the *Pistis Sophia*, Sophia is *the first feminine principle*, a goddess. – THE GODDESS!

She is the Unseen Energy that weaves in and out of everything. She moves silently. She is the In-Between – the "substance that thinks." She is the bond between us all. She is the essence that breaths us. She creates energetic exchange ...between the elements...between us. She is the Love that you feel when you look into your child's eyes, or at a sunset, or when you are held by your lover. She is the tantric connection between and through everything.

In truth, SHE IS HOLY WISDOM. She existed before anything physical existed, and SHE birthed it all!



"If there is any secret to this life, this is it: The sound of what cannot be seen sings within everything that can. There is nothing more to it than that." ~ Brian Andreas

Sophia is Holy Wisdom. She is DIVINE MOTHER. She cannot be seen here in physical form. Her frequency is too high to withstand this realm, especially now.

She is right here now, especially now when the veils are thin enough for her to come through WITHOUT BEING SEEN but certainly being felt and known. <u>SHE</u> IS LOOKING FOR PLACES & SOULS SHE CAN SHINE HER LIGHT THROUGH!

THE ONLY WAY SHE CAN WORK ON THIS PLANET...IS SHINING THROUGH YOU! 7

We are moving into a New Epoch...

Sometimes it's easy to get caught up in the "playing with the frequency," and forget that what we are "playing with" is a LIVING BEING. One we can talk with, communicate with, "be with."

So, as we move forward, keep that in mind, the more you play and swim in the frequency, the more accessible SHE becomes.



Mirrors – You can go around the outside edge of the mirror with your colored sticker (or jewel) measuring the SF until you get a good spin. You can place it on the outside edge where it won't be seen. You can also use several different colors to see if you can build more of the frequency around the mirror. This will create the frequency over the surface of the mirror which will go out into the room to some extent from light reflecting off the Mirror.

Framed Pictures – You can do the same thing to pictures. This will create a SF emanation from the entire surface of the picture into the room.



Doorways – You can go around the outside edge of the doorway with your colored sticker (or jewel) measuring the SF until you get a good spin. You can place it on the outside edge where it won't be seen. You can also use several different colors to see if you can build more of the frequency around the door. This will create a SF emanation from the entire plane surface of the doorway, which not only balances the doorway but also projects SF into the room to some extent; this is because the doorway is a boundary. All boundaries project some negative green so it has a natural projection quality and can project the SF into the space.





Windows – You can go around the outside edge of the window with your colored sticker (or jewel) measuring the SF until you get a good spin. You can place it on the outside edge where it won't be seen. You can also use several different colors to see if you can build more of the frequency around the window. This will create a SF emanation from the entire window surface, which will be carried into the room when light comes through the window. The window is also a Boundary with negative green, so it will help project some SF into the room from the window at all times.







Bed Frames– You can go around the outside edge of the window with your colored sticker (or jewel) measuring the SF until you get a good spin. You can place it on the outside edge where it won't be seen. You can also use several different colors to see if you can build more of the frequency around the bed frame. This will create a SF all over the bed.



Remember, the more we practice doing this, the more we increase our own vibration with the Sophia Frequency!

By doing this gradually, and allowing acclimation time, you can avoid transformational upheaval.

PRACITCAL PLAYTIME -The BG16 Pendulum!

How has your practice been going?

Questions?



Ibrahim Karim Universal BG16 Pendulum



Homework this week:

Keep Practicing with both!

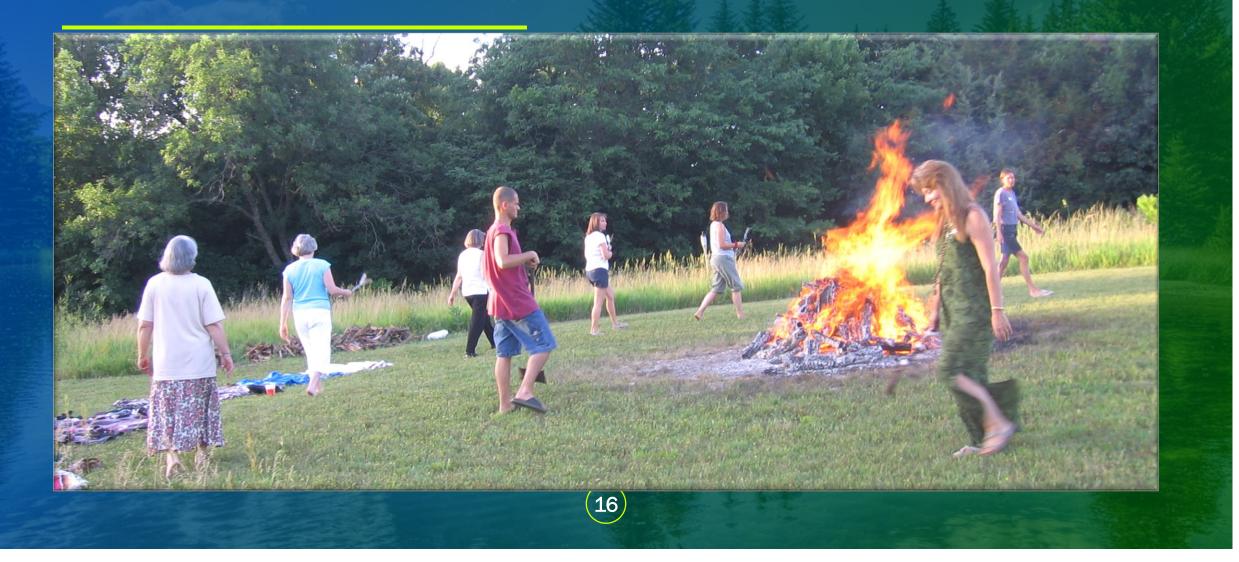
- Keep checking your personal wave-length and checking in with things that benefit you.
- Look for GOLD!
- > Try out your carpet patterns
- PRACTICE, PRACTICE, PRACTICE!







Dance and Integrate



CLOSE SACRED SPACE

NEXT CLASS: AUGUST 2, 2024

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