

Welcome to..



Stalking the Divine Sophia
Understanding the true Nature of the Divine Feminine

MODULE 8



SOPHIA

Expanding our Skills - Continued

Calling In Sacred Space





Connect to the Earth

Open to Receive

Check-in ~

*Have you felt the Divine
Feminine Moving in you?*



What are we really doing here?

We are entering a new Epoch....But what does that really mean...

I want to open this up for discussion...

I want to hear your thoughts...



We are moving into a New Epoch...

Right now EVERYTHING we KNOW is up for grabs...

TRUTHS that we may never have wanted to know are being revealed.

That is going to keep on happening.



So as we move forward...

It makes sense that we...as *LEADERS*...and yes, *we are all leaders*...should anchor ourselves in what we know to be true, solid, and grounded.

This is why I feel the Divine Mother is so present right now. And why this information is so available for us.

YOU – your body – your physical DNA is her greatest and most profound achievement!
There is nothing like it anywhere.



By Doing what we are doing to track and build this energy, we are doing several things...

- We are supporting our body
- We are supporting our families, friends and the people around us
- We are raising the vibration of the planet by raising it in our environment
- We are ushering in the Golden Age in a way that people can tolerate
- We are facilitating “gentle, easy change and transition.



Don't think for a minute this was my idea...I had no idea what was going to happen 6 months ago...

But SHE did!

This is all HER Divine plan.

So, as we move forward, I think it is important that we all begin to check in with HER on a regular basis with this question...

WHAT IS SHE CALLING US TO NOW?



GUIDED MEDITATION



Object placement follows the same concept and steps as color balancing, except here in place of a color we are using an object and moving it along the periphery of the space.

1. Choose any object in the room that you will move in order to create a virtual axis with the center of the room until you get Sophia Frequency in the space.
If your object is small enough, using your BG16 pendulum, stand in the middle of the room and hold the object in your hand and urn around in your spot while projecting the object along the periphery of the space. (You can use 2 people, and one person can move around the periphery of the room with the object while the other measures.) You can do this with larger objects but in that case, you would have to move the object around the periphery of the room while focusing on the center and measuring. It is a bit more advanced so for now just practice with smaller objects.
3. When you find the strongest location to create the Sophia Frequency (there may be several, so pick the strongest) fine tune by moving the object cm by cm within your chosen location and place it at the strongest location. (This may mean getting creative, attaching a shelf to the wall, etc.) Double check for the Sophia Frequency in the space

Object Balancing & Space

Object Rotation in Place

1. For learning purposes use a water bottle or a cup of water to test. Test the water to see that it doesn't have SF to begin with or see how much it has. Try to test on the periphery as if you go to the center, you will find SF because of the center. Take a drink and see how it tastes and feels.
2. Keep the water bottle in the same location and start moving it on its axis VERY SLOWLY in a clockwise direction, measuring the SF as you go.
3. Keep an eye on some feature of the item (a label or handle) and as you turn it 360 degrees you will find several positions that emit the Sophia Frequency. Turning it clockwise, go to the position that was the strongest.
4. Leave the item (in this case, your drink) in this orientation for a few minutes, then take a drink. Notice if it tastes or feels different.
5. Leave the item in this position for awhile and then go back and test the amount of Sophia Frequency.

Remember, the more we practice doing this, the more we increase our own vibration with the Sophia Frequency!

By doing this gradually, and allowing acclimation time, you can avoid transformational upheaval.



PRACITCAL PLAYTIME - The BG16 Pendulum!

How has your practice been going?

Questions?



Ibrahim Karim Universal
BG16 Pendulum

Homework this week:

Keep Practicing with both!

- Keep checking your personal wave-length and checking in with things that benefit you.
- Look for GOLD!
- Try Object Balancing
- PRACTICE, PRACTICE, PRACTICE!



Dance and Integrate



CLOSE SACRED SPACE

NEXT CLASS: AUGUST 2, 2024