

*Welcome to..*



*Stalking the Divine Sophia*  
*Understanding the true Nature of the Divine Feminine*

**MODULE 7**



# SOPHIA

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Honing our Skills

# Calling In Sacred Space

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# Connect to the Earth

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Open to Receive

# Check-in ~

*Have you felt the Divine  
Feminine Moving in you?*



## *How are you doing?*

How many of you feel like we have hit a turning point?

Some are saying that we have officially entered the Apocalypse. But what does that word even truly mean?

Revelation – not in biblical terms but more like “a new understanding,” a new light dawning.

Truly, we have been talking about this for months, but we are now beginning to see how that it is showing up.



# How is that showing up?

## *Just in the US:*

- Strange weather patterns and tornados where they have never been ARE STILL HAPPENING even though what we know as “tornado season” should be over.
- US President Biden drops out of the presidential race leaving the field open for the first female president in US history.
- Earthquakes in Texas causing the burning of oil fields.
- Largest mega-fire in history in Oregon & Washington state causing the closure of major highways and evacuations.
- A massive hydrothermal explosion of underground gases at Yosemite State park.



# This most recent shift actually took place at Summer Solstice...

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We have been talking about how more Galactic Light is hitting the planet and how it brings with it an increase in transformation.

This Solstice brought with it another up-tic in frequency that is literally bringing with it huge transformational shifts.

Revelation means more and more TRUTH is being revealed. We will not be able to hide from it, and neither will anyone else.





# What does it mean for us personally?

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Many of us may have noticed little surprises... These could be health related or other events that seem to have come “out of the blue.”

Some of them could have caused a bit of uncomfortableness or some of them could have been happy surprises.

No matter what our experience, we are the lucky ones. Because WE KNOW WHAT TO DO! WE HAVE THE SOLUTION RIGHT AT OUR FINGERTIPS!



*Do not think for one minute that the Divine did not foresee this...She DID! And she came to our rescue before we even knew we were going to need it!*

*So, this is not a time to go to fear, but a time to stand in what we know and do the practices that we know will support us.*

*Remember this is a time of revelation of TRUTH. So, it is time to be truthful to yourself and to others. We can no longer conceal our personal truths just to be nice or “keep the peace.” We must unearth the truth of our Souls and speak it and stand in it.*

*And we must remember that the lifeforce vibration – the Sophia Frequency that we are learning how to cultivate is driving this change and will protect us! (10)*



*So first, RELAX. You are in the right place at the right time. SHE planned that especially for you! And you listened!*

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Today I am going to give you another little “hack” that you can use to increase the Sophia Frequency in any room in your house.

You can use this in addition to the other one we have been playing with.

Remember, our goal is to INCREASE this frequency as much as we can to counter-balance the other lower frequencies in your home.



# Color Balancing

1. Take any colored paper or sticker that you will move along the periphery in order to create a virtual axis in the center of the room until you can get the Sophia Frequency in the space. (Remember, once you anchor a center point, you will always find some life force frequency there.)
2. Using your Gold pendulum, stand in the middle of the room and hold the color (I like to use those sticky dots) in your hand and turn around in your spot while projecting the color along the periphery of the space. (This can be done with 2 people, 1 in the center measuring while the other person moves the color around the space.)
3. Move along the periphery of the whole space, noting the locations that give you the most Sophia Frequency.
4. Choose the strongest location found to create it (there may be several) and fine tune it by moving your color cm by cm within your chosen location until you get a strong level of Sophia Frequency in the space.

# Color Balancing

CONTINUED

5. Remove the first color but remember the location and repeat the above process with another color to find the best location for the second color. (The reason we remove the first color is because if we successfully applied it, then the space should already have the Sophia Frequency in it, and thus it can be harder to find the best location of the second color. With practice you will be able to fine-tune your skills in order to find the increase of SF while other colors are in place.)

6. Repeat the above process with as many colors as you want.

7. Once you have the location for all your colors, place them in the space and fine tune their placement by measuring for increase of SF with your attention on the space as you move the colors slightly up/down and left/right.

\*Please note it is advisable to use at least two colors when color balancing.

Remember, the more we practice doing this, the more we increase our own vibration with the Sophia Frequency!

By doing this gradually, and allowing acclimation time, you can avoid transformational upheaval.



# PRACITCAL PLAYTIME - The BG16 Pendulum!

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How has your practice been going?

Questions?



Ibrahim Karim Universal  
BG16 Pendulum

# Homework this week:

Keep Practicing with both!

- Keep checking your personal wave-length and checking in with things that benefit you.
- Look for GOLD!
- Try Color Balancing 1 room at a time. Do at least 1 room this week.
- PRACTICE, PRACTICE, PRACTICE!





# Dance and Integrate

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# CLOSE SACRED SPACE

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NEXT CLASS: AUGUST 2, 2024